



**Dr. Jo Anne White**

*Holistically Transforming*  
Lives & Businesses to Success & Wellness

## 2020 **MEDIA KIT**

**DR. JO ANNE WHITE** is an International #1 bestselling, award winning author, speaker and consultant. She's recognized as a Goodwill Global Ambassador for civil and humanitarian work in education, entrepreneurship, coaching and women's issues. As a certified life, leadership, spiritual and business coach, and energy master teacher, she empowers and inspires men, women, families and businesses to achieve greater health and wellness, master success, thrive and triumph.

Her client care is matched to the unique needs and special talents of each person and organization integrating mind, body and spirit. Dr. Jo Anne's books, training and seminars have transformed millions of people to create the lives and businesses of their dreams. **Executive Producer and Host of the POWER YOUR LIFE Shows**, she's been featured online, in publications as Good Housekeeping, More, and WebMD and appeared on Radio and Television Networks as NBC, CBS, FOX and Voice America sharing her expertise.

**EXPERIENCE FOR YOURSELF** *and be transformed*  
by her imaginative, inspirational and cutting-edge TRAINING,  
SEMINARS and COACHING to advance your  
life, career, relationships and business.

*To learn more or Contact Dr. Jo Anne White, please visit:*

**[www.drjoannewhite.com](http://www.drjoannewhite.com) • 856.795.5854 • [joanne@drjoannewhite.com](mailto:joanne@drjoannewhite.com)**

# PUBLISHED BOOKS INCLUDE

*A Journey Within: Self-Discovery for Women, Emotional Wellness for Women, How to Love: Secrets to Lasting Relationships, Sense Your Way to Life Satisfaction, The Woman's Handbook for Self-Confidence, The Woman's Handbook for Self-Empowerment, The Teen Handbook For Self-Confidence*

www.bookexcellenceawards.com

## Book Excellence Award Winner



**“Value the Unique Blueprint that is YOU.”**  
More Heaven - Dr. Jo Anne White

DrJoAnneWhite.com #PowerYourLife @JWPowerYourLife


Her book *More Heaven: Because Every Child Is Special* has received several awards including A Mom's Choice Award, named among the best in family-friendly media, products and services. It was also chosen as a 2017 Book Excellence Award Winner. The Book Excellence Awards honor books with high quality design, writing and market appeal.

In 2018, Jo Anne White received a distinguished appointment as a Global Goodwill Ambassador (GGA) recognized for her civil and humanitarian work in Education, Women's Rights, Entrepreneurship and Coaching.

**Best Seller**  
INTERNATIONAL

# Bully Free

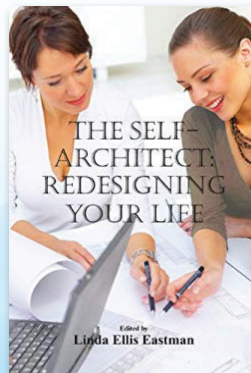
By Dr. Jo Anne White



Holistically Transforming Lives & Businesses to Success & Wellness

**THE SELF-ARCHITECT: REDESIGNING YOUR LIFE**

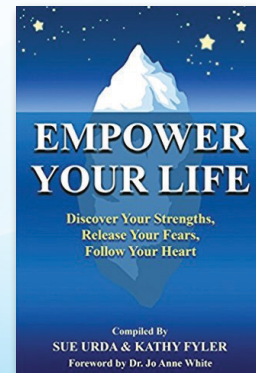
Edited by Linda Ellis Eastman



**EMPOWER YOUR LIFE**

Discover Your Strengths, Release Your Fears, Follow Your Heart

Compiled By SUE URDA & KATHY FYLER  
Foreword by Dr. Jo Anne White

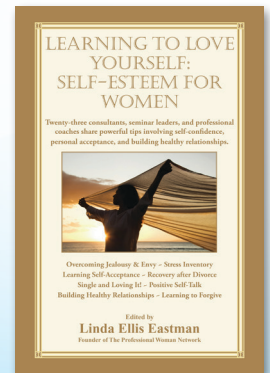


**LEARNING TO LOVE YOURSELF: SELF-ESTEEM FOR WOMEN**

Twenty-three consultants, business leaders, and professional coaches share powerful tips involving self-confidence, personal acceptance, and building healthy relationships.

Overcoming Jealousy & Envy - Stress Inventory  
Learning Self-Acceptance - Recovery after Divorce  
Single and Loving It - Positive Self-Talk  
Building Healthy Relationships - Learning to Forgive

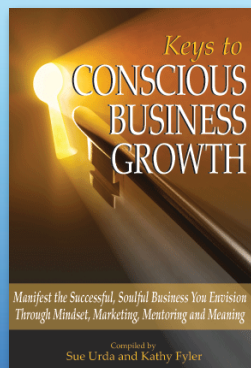
Edited by Linda Ellis Eastman  
Founder of The Professional Women Network



*Keys to*  
**CONSCIOUS BUSINESS GROWTH**

Manifest the Successful, Soulful Business You Envision Through Mindset, Marketing, Mentoring and Meaning

Compiled by Sue Urda and Kathy Fyler



www.UnwaveringStrength.com

**Unwavering Strength**  
Volume 2

Stories to Warm your Heart and Soul

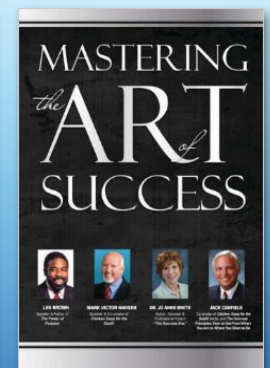
Judy O'Beirn and friends

Foreword by Marci Shimoff, #1 NY Times Bestselling Author



**MASTERING the ART of SUCCESS**

Foreword by Marci Shimoff, #1 NY Times Bestselling Author



*Bully Free* was chosen as a **2015 Mom's Choice Award Distinguished Honoree**

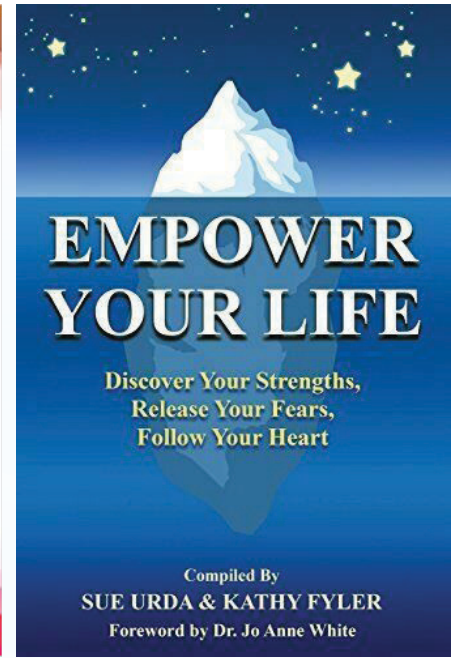
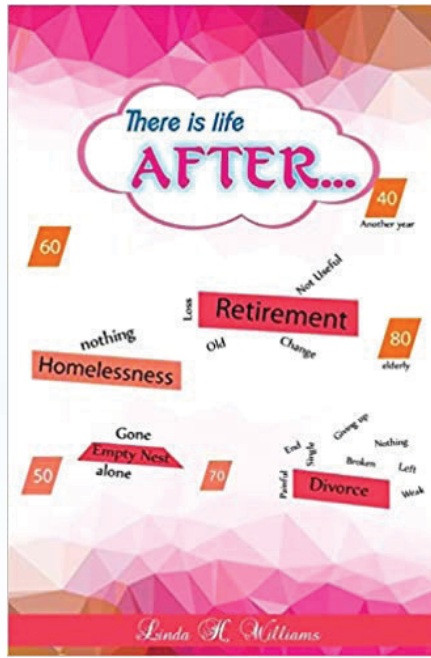
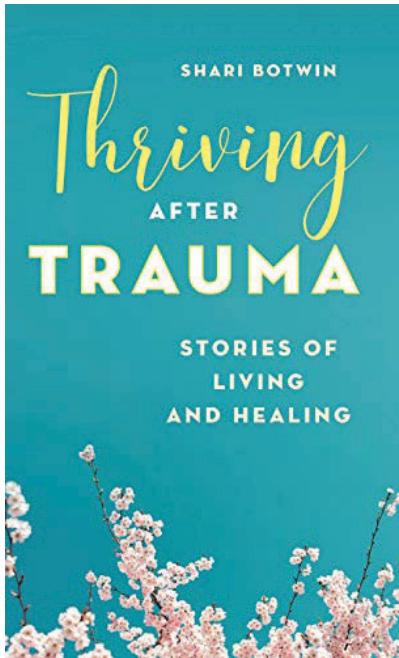
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# CONTRIBUTING AUTHOR IN:

"WOKE" - BY SUE URDA & KATHY FYLER (BESTSELLER)

# PUBLISHED BOOKS FOREWORD FOR:



# SONG WRITER / PRODUCER:

"Joy & Gratitude" - BY DR. JO ANNE WHITE

**WITH JOY & GRATITUDE  
YOU CAN TRANSFORM YOUR LIFE!**



The Joy & Gratitude Music Video uplifts and enriches you.

The JOY e-book is chock-full of guidance and activities to increase your joy.

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**FOR IMMEDIATE RELEASE**

## **PRESS RELEASE DR. JO ANNE WHITE – TOP FEMALE EXECUTIVE IN BUSINESS**

### **DR. JO ANNE WHITE HAS BEEN NAMED A TOP FEMALE EXECUTIVE IN BUSINESS, LIFE & SPIRITUAL COACHING**

*Dr. White has dedicated three decades to  
improving the lives of others*



**CHERRY HILL, NJ, September 17, 2015, Dr. Jo Anne White,**

Owner of Dr. Jo Anne White Consulting Services, LLC, has been named a Worldwide Branding Top Female Executive in Professional Coaching. While inclusion in Worldwide Branding is an honor, only small selections of members in each discipline are chosen for this distinction. These special honorees are distinguished based on their professional accomplishments, academic achievements, leadership abilities, years of service, and the credentials they have provided in association with their Worldwide Branding membership.

**Jo Anne White, Ph.D** is the bestselling author of *Bully Free*, which received a Mom's Choice Award for Excellence and named among the best in family-friendly media, products and services. As a speaker, certified personal coach and energy master she's helped millions of people and organizations shape their dreams. White is also the Executive Producer and Host of the popular *Power Your Life TV and Radio Shows*, and CEO/President of Dr. Jo Anne White Consulting Services LLC.

*Dr. Jo Anne White is a gifted Keynote, Motivational and Inspirational Speaker who guides organizations, businesses and people to their own greatness. Contact her to schedule an unforgettable, uplifting experience!*

*With strategies and tools for you to achieve mastery, abundance and success, Dr. White brings people and ideas together in a supportive, exciting and captivating way. Watch the magic unfold and be ready to be transformed! Her powerful message is always uplifting and addresses the needs of her audience in an inspiring and heartfelt way.*

Throughout her career, Jo Anne perfected her expertise in the areas of public speaking, professional coaching, training, leadership development, motivational speaking, team building, strategic planning, community outreach, teaching and small business administration. As the Executive Producer and Host of the *POWER YOUR LIFE TV and RADIO SHOWS*, Dr. White conducts exciting and upbeat interviews with industry savvy guests, experts and celebrities to help people consciously create more success, health and wellness in every area of their lives, businesses and relationships. As a business consultant and professional coach, she helps people creatively and successfully shape and transform their lives. She also guides individuals, families and businesses to flourish, thrive and prosper through her services and blends Eastern and Western techniques and medicine for best results.

Jo Anne attributes her success to her leadership abilities, her resilience and her desire to serve. In 1986, she was hired as an Executive Director of Children and Youth Services at Bancroft, Inc. Within a few years, she became the Director of Training, Research and Evaluation for the entire Bancroft facility. Dr. White received a Ph.D. and a Master of Science from Temple University. She's a member of the Professional Woman Network International, Professional Women Business Network, International Association of Counselors and Therapists, National Association of Women Business Owners, and International Women's Leadership Association. She also serves on the Advisory Board of PWN and *Applaud Magazine*. Jo Anne has been awarded a Logo Award, the Best Ever You Award, and the 2015 Mom's Choice Award as a Distinguished Honoree for her *Bully Free* book. She launched the *POWER YOUR LIFE NETWORK* in August, 2015 and a state-of-the-art E-Learning and Training System for small businesses and entrepreneurs.

**For more information about Dr. White, please visit:**

**<https://www.drjoannewhite.com> or email at: [joanne@drjoannewhite.com](mailto:joanne@drjoannewhite.com)**

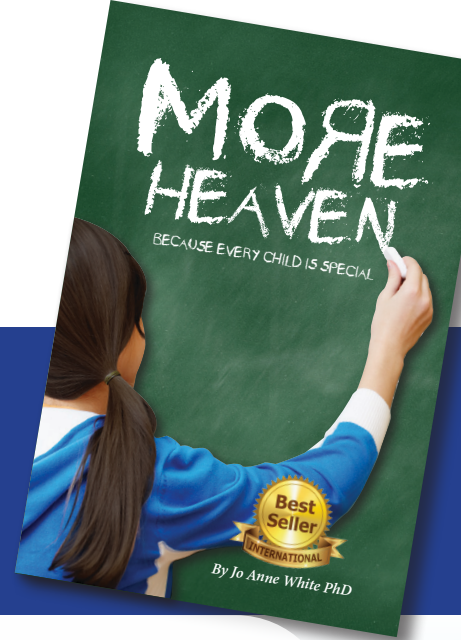




## WHAT PEOPLE ARE SAYING TESTIMONIALS

***MORE HEAVEN reaches in from  
the heart outward to all children.  
THEY WILL BE HEARD.***

**—Jo Anne White, PhD**



“Jo Anne does a great show – she asks provocative questions and seeks honest and substantial answers. She is knowledgeable, interesting and fun too! You’ll love her show, you’ll learn, be entertained and have a fun time sharing with kindred souls.”

**– MARILYN TAM, PHD – Speaker, Author, Consultant,  
Board Certified Coach & Founder & Executive Director of US Foundation**

“Dr. White has the ability to motivate her audience whether in person or on her radio show. She has a gift that allows her to both entertain and impart knowledge in an impactful way. I highly recommend Dr. JoAnne White as an engaging and powerful speaker.”

**– DR. MADELINE LEWIS, Executive Consultant, Speaker, Trainer**

“Being a TV / radio personality and entrepreneur is a lot of responsibility and stress. Meditation classes or the discipline to even do meditation is something I have to try to fit into my busy schedule. Dr. White’s RESTORE program makes meditation time easy. All you have to do is put in a CD and listen. I usually listen to Dr. White when I go to bed. I fall asleep like a baby listening to Dr. White’s relaxing voice and many times before the CD even ends. I sleep sound and wake up feeling great.

I am hooked! No drugs to sleep or relax and you don’t need a class.  
Dr. White’s relaxation CD’s are a must have in my book. Thanks Dr. White!!”

**– YVONNE KANDI, Host of The Yvonne Kandi Show**

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by her imaginative, inspirational and cutting-edge TRAINING,  
SEMINARS and COACHING to advance your  
life, career, relationships and business.

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## BUSINESS, PERSONAL & PROFESSIONAL DEVELOPMENT **SEMINARS & TOPICS FOR DISCUSSION**

I consider myself as a teacher, guide and facilitator who can assist a person to achieve balance and well being, a desired state, goal, life direction and personal mastery.

I can speak on almost any topic and tailor my lectures/workshops to the needs of the organization or group. **Some of the topics include but are not limited to:**

Fearless Living	Motivation
The Power of Resilience	Stress Management
Self-Empowerment	The Power of Focus
Creating Self-Mastery	Work with Passion
Life Transitions	Positive Thinking
Living with Joy	Work and Life Balance
Life & Energy Balance	Mind Power
Stress Release	Enhance Employee Relations
Mind and Healing	Create Your Dream Job
Tap into the Unconscious Mind	Spirituality in the Workplace
Raising Your Self-Esteem	Creating Dynamic Leaders
Developing Your Intuition	Women as Leaders
Goal Setting	Creating Emotional Wealth
Future Progression	Expect The Unexpected
How to Create What You Desire	Time and Power Snatchers
Increasing Your Brain Power	Take This Job and Love It!
Building Self-Esteem in Children	Customer Service

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## **CONTACT** INFORMATION



[blogtalkradio.com/jo-anne-white](http://blogtalkradio.com/jo-anne-white)

### **“Power Your Life” Radio Show with host, Dr. Jo Anne White**

Doc White’s exciting and upbeat interviews with savvy guests, experts and celebrities will help you consciously create more success, health and wellness in every area of your life, work and relationships.

**Stay tuned, Wednesdays at Noon. (ET)**  
**CALL-IN NUMBER: (805) 285-9790**



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